**GYMNASTICS Rubric**

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| **LEVEL 1** | **LEVEL 2** | **LEVEL 3** | **LEVEL 4** | **LEVEL 5** |
| I can copy & explore basic actions with some control & co-ordination | I can copy, remember, explore & repeat simple actions varying speed & levels | I can copy, remember, explore & repeat simple actions, and link & vary ideas with control & co-ordination | I can link ideas, skills & techniques with control, precision & fluency when performing basic skills | I can perform & create movement sequences with some complex skills & displaying accuracy & consistency |
| I have begun to choose & link basic actions, and I can recognise & use space appropriately | I am beginning to select simple actions to construct basic sequences | I can apply compositional ideas to sequences alone & with others | I understands composition by performing more complex sequences | I can select & use a wide range of compositional skills in complex sequences alone & in groups. I show an ability to innovate |
| I can watch & discuss my own work & that of my peers | I am beginning to identify the difference between my performance & that of others | I can describe my own & others work noting similarities & differences. I can make suggestions for improvements | I can describe how to refine, improve & modify performances | I can analyse skills & can suggest ways to improve quality of performance showing sound knowledge & understanding |
| I can safely perform teacher led warm-up & I am aware of others | I understand the need for warm up & cool down, and also what is happening to my body during exercise | I understand working safely, I recognise changes in my body and can give reasons why PE is good for health | I can demonstrate specific aspects of warm-up & describe effects of exercise on the body | I can lead own warm up & demonstrates all round safe practice |

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| **Range of Levels within which the Great Majority of Pupils are Expected to Work** | | **Expected Attainment for the Majority of Pupils at the End of the Key Stage** | |
| **PYR/Grade 1** | **1-3** | **At age 7** | **2** |
| **Grade 2-5** | **2-5** | **At age 11** | **4** |
| **MYP** | **3-7** | **At age 14** | **5 and above** |